

Cara Hunt



Cara Hunt is a criminal defence lawyer practicing in the Cowichan Valley. She also represents children in some circumstances in their family or criminal proceedings on ad-hoc appointments by the Attorney General.

Law is Cara's second career. Previously, Cara did her Master's in Experimental Psychology with an emphasis on clinical research. This led her to a career in Pharmaceutical research.

Drawing on her desire to help others, Cara left the research field to pursue law. She obtained her JD from the University of Victoria in 2009, where she received multiple awards in criminal law. While at UVic, Cara studied in the USA on foreign exchange at Lewis and Clark Law School's Animal Law Studies program, where she received the Advancement in Animal Law Award for her exhaustive research in US animal testing laws and the creation of a report that serves as a guide for animal testing alternatives.

Cara has engaged in all facets of criminal defence practice, and her passions are representing and supporting Indigenous clients, women accused of domestic violence, and teenagers in crisis.

Cara happily resides with her 4 cats, 3 dogs, and her legal assistant/husband on a fruit and vegetable farm in the Cowichan Valley on the the unceded territory of the Coast Salish peoples, including the territories of the Quw'utsun Hwulmuhw (Cowichan Tribes).